Hapeville Neighborhood Senior Center-527 King Arnold Street NW, Hapeville, GA 30354 Telephone: 404-612-2314/2315 Fax 404-612-2275 • *Tonya Byrd, Center Manager* ● *Debbie Sailor, Senior Center Assistant*

November 2026 Rev 10/28/2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 SENIOR FITNESS ACTIVITY PAC 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30PM SENIOR FITNESS & CHAIR YOGA YOGA WITH NAOMI G	**3** 8:30AM FITNESS W/ REGINA SENIOR FITNESS NEW CLASS 9:30AM-10:15AM CROCHET/LOOM KNITTING W/ REGINA 11AM INSPIRATION STATION 12PM LUNCH 12:30PM CARD SHARKS/TABLE GAMES	**4** TRIP BUS DEPARTS AT 10:30AM NAM DAE MUN FARMERS MARKET MORROW, GA ACTIVITY PAC 1-2:30PM CARD SHARKS	**5** SENIOR FITNESS CHAIR YOGA CUPCAKE KARAOKE 8:30AM FITNESS W/ REGINA 10AM EXECUTIVE COUNCIL MEETING 10:30AM ADORATION CUPCAKE KAREOKE Fun & Great Prizes 12PM LUNCH 12:30PM YOGA W/ NAOMI	**6** 9:30AM COMPUTER CLASS 10:30AM PHONE CLASS 12PM LUNCH 12:30PM ZUMBA W/ REGINA ZUMBA
9 SENIOR FITNESS ACTIVITY PAC 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30PM SENIOR FITNESS & CHAIR YOGA YOGA WITH NAOMI G	**10** SENIOR FITNESS 8:30AM FITNESS W/ REGINA 9:30AM-10:15AM CROCHET/LOOM KNITTING W/ REGINA 11AM INSPIRATION STATION 12PM LUNCH 12:30PM CARD SHARKS/TABLE GAMES	**11** WE'LL BE CLOSED ON VETERANS DAY	**12** TRIP ACTIVITY PAC 8:30AM FITNESS W/ REGINA BUS DEPARTS AT 10:15AM GOLDEN CORRAL 3867 Highway 138 SE, Stockbridge, GA 30281 12:30PM YOGA W/ NAOMI SENIOR FITNESS CHAIR YOGA	**13** 9:30AM COMPUTER CLASS 10:30AM PHONE CLASS 12PM LUNCH 12:30PM ZUMBA W/ REGINA ZUMBA
16 SENIOR FITNESS ACTIVITY PAC 10:30AM DIAMOND ART CLASS 12 N LUNCH 12:30PM SENIOR FITNESS & CHAIR YOGA YOGA WITH NAOMI G	**17** SENIOR FITNESS BINGO 8:30AM FITNESS W/ REGINA 9:30AM CROCHET/LOOM KNITTING 10AM HALLMARK HOMECARE PRESENTS SENIOR BINGO 11AM INSPIRATION STATION 12PM LUNCH 12:30PM OPEN HAND NUTRITION	**18** BINGO Site Council 10:30AM AGAPE THANKSGIVING BINGO 11:30AM SITE COUNCIL MEETING 12PM LUNCH 12:30PM CARD SHARKS	**19** SENIOR FITNESS CHAIR YOGA TRIP 8:30AM FITNESS W/ REGINA BUS DEPARTS 10:30AM SONNY'S BBQ OF JONESBORO GA 12:30PM YOGA W/ NAOMI SONNY'S BBQ ACTIVITY PAC	**20** 9:30AM COMPUTER CLASS 10:30AM PHONE CLASS 12PM LUNCH 12:30PM ZUMBA W/ REGINA ZUMBA
23 SENIOR FITNESS ACTIVITY PAC 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30PM SENIOR FITNESS & YOGA WITH NAOMI G CHAIR YOGA	**24** SENIOR FITNESS 8:30AM FITNESS W/ REGINA 9:30AM CROCHET/LOOM KNITTING 11AM INSPIRATION STATION 11:30AM THANKSGIVING/BIRTHDAY LUNCH 12:30PM CARD SHARKS/TABLE GAMES	**25** TRIP BUS DEPARTS 10AM VILLAGE SHOPPES AT MABLETON DD's*Ross* Ollie's Bargain Outlet*Burlington Coat Factory ACTIVITY PAC EARLY HOLIDAY CLOSING 1PM	**26** Happy Thanksgiving	**27** Happy Thanksgiving Day WE WILL BE CLOSED THURSDAY & FRIDAY
30 SENIOR FITNESS ACTIVITY PAC 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30 – 1:30 SENIOR FITNESS & CHAIR YOGA YOGA WITH NAOMI G			Please call Trans Dev if you need to cancel your daily ride 404-965-3085	HAPPY BIRTHDAY Jack Cooley 11/7 Sharon Mobley 11/9 Mr. Bennie (Russell)11/26