

New Beginnings Senior Center September 2026 Monthly Calendar

66 Brooks Drive, Fairburn, GA 30213 * Phone: 404.612.8984 * Fax: 770.306.3394
Pamela Daniel, Center Manager * Pamela.Daniel@fultoncountyga.gov

MON					TUE					WED					THU					FRI									
7 Center Closed  Labor Day					1 9:30-10:00-Devotion w/ Phyllis Blackshear 10:30-11:30-Class Art Workshop 12:00-12:30- Lunch 12:30-1:30- Social Time/Choir Practice					2 9:30-10:00-Circuit training w/Naomi in ER 10:00-11:00-Chair Yoga w/Naomi 11:00-12:00 Inspirations w/Rita Khan 12:00-12:30-Lunch 12:30-2:00- Trail Ride Dance w/Naomi 12:30-1:30- Social Time 12:30-1:30- Brain Class A					3 9:30-9:45-Let's Talk News w/Pat Bernitt 10:00-12:00-Dr Rona Green Diabetic Foot Care 12:00-12:30-Lunch 12:30-1:30-Card Play					4 9:30-9:45-Coffee, Tea & News 9:45-10:15-Exercise 10:15-Line Dance T-Shirt completion w/Naomi 10:15-12:00-GAME DAY & BINGO 12:30-1:00-Lunch 1:00-1:30-Social Time									
					8 9:30-10:00-Devotion w/ Cheryl Laslie 10:30-11:30-Class Art Workshop 12:00-12:30- Lunch 12:30-1:30- Social Time/Choir Practice					9 9:30-10:00-Circuit training w/Naomi in ER 10:00-11:00-Chair Yoga w/Naomi 11:00-11:45- Bible Study w/Ms Daniel 11:45-12:00- Spotlight for Recognition 12:00-12:30-Lunch 12:30-2:00- Trail Ride Dance w/Naomi 12:30-1:30- Social Time					10 9:30-9:45-Let's Talk News w/Ms Deean 9:30-10:30 BP Check/Nurse Barbara 10:00-12:00-Sewing/Quilting with Mary 10:00-12:00-Presentation from Humana 12:00-12:30-Lunch 12:30-1:30-Card Play					11 9:30-9:45-Coffee, Tea & News 9:45-10:15-Exercise 11:00-12:30-Fieldtrip: Chick fil a Backstage Tour **Center will be opened**									
					14 9:30-9:45-Information Sharing w/Mecie Hill 9:45-10:15-Exercise w/Regina 10:15-11:00-Computer Class, Ceramics 11:00-12:00-Self Defense 12:00-12:30 Lunch 12:30-1:30- Computer Class 12:30-1:30- Social Time					15 9:30-10:00-Devotion w/ Wanda Terrell 10:30-2:30 Fieldtrip: Walmart Fayetteville & Lunch @ Ms Rosa's Home Cooking					16 9:30-10:00-Circuit training w/Naomi in ER 10:00-11:00-Chair Yoga w/Naomi 11:00-12:00 Inspirations w/Michael F 12:00-12:30-Lunch 12:30-2:00- Line Dance w/Naomi 12:30-1:30- Social Time 12:30-1:30-Brain Class B					17 9:30-9:45-Let's Talk News w/Ms Rose Evans 10:00-12:00-Community Resources w/Ms Wright 12:00-12:30-Lunch 12:30-1:30-Men's meeting w/Mr Mack 1:00-1:30-Meeting w/The Willing Workers" in craft room					18 9:30-9:45-Coffee, Tea & News 9:45-10:15-Exercise 10:30-1:00-BBQ Fundraiser w/the My Brother's Keeper of NBSC...served at NBSC \$10 pp				
					21 9:30-9:45-Information Sharing w/Mecie Hill 9:45-10:15-Exercise w/Regina 10:15-11:00-Computer Class, Ceramics 11:00-12:00-Self Defense 12:30-1:30- Computer Class 12:30-1:30- Social Time					22 9:30-10:00-Devotion w/Mineyara Clarke 10:30-11:30-Class Art Workshop 12:00-12:30- Lunch 12:30-1:30-Art Watershed Presentation w/Mr Louis Shepherd					23 9:00-10:00-Chair Yoga w/Naomi via video 10:00-2:30-Fieldtrip Greenbriar Mall for Senior Bingo					24 9:30-10:30 BP Check/Nurse Barbara 9:30-11:00-Fulton Co Sheriff's Dept Presentation 11:00-12:00 Manga African Dance Performance 12:00-12:30-Lunch 12:30-1:30-Card Play					25 9:30-9:45-Coffee, Tea & News 9:45-10:15-Exercise 10:30-1:00-Fieldtrip-LineDance Showcase @ the Frankie Arnold Stage				
					28 9:30-9:45-Information Sharing w/Mecie Hill 9:45-10:15-Exercise w/Regina 10:15-11:00-Computer Class, Ceramics 11:00-12:00-Self Defense 12:00-12:30 Lunch/September Birthdays/Site Council 12:30-1:30- Computer Class 12:30-1:30- Social Time					29 9:30-10:00-Devotion w/Paul Mack 10:00-12:00 Art Workshop with Miranda 12:00-12:30- Lunch 1:00-1:30- Social time					30 9:30-10:00-Circuit training w/Naomi in ER 10:00-11:00-Chair Yoga w/Naomi 11:00-12:00 Gospel Jubilee @ NBSC 12:00-12:30-Lunch 12:30-2:00- Line Dance w/Naomi 12:30-1:30- Social Time														