

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 NATIONAL SENIOR CENTER MONTH		¹ 10 Quilting/Jewelry 10 Speed Puzzling 11 Crafts 1 Wheel Of Fortune	² 10 Quilting/Jewelry 10:00 Monthly Meeting 11:15 Line Dancing 1 Impact Cardio/Self Defense	⁸ 10 Quilting/Jewelry 11:00 Chair Yoga 11:30 Senior Bar-B-Cue social 1Beg.Computer/Cell Phone	⁴ 9am Chair Aerobics 10 Jewelry/ Quilting 11 Art/Crafts 1 Indoor Ping pong	⁵
⁶	⁷  CENTER CLOSED HAPPY LABOR DAY Labor Day	⁸ 10 Quilting/Jewelry 10 Trivia 11 Crafts/Crocheting 1 Indoor Ping Pong	⁹ 10 Quilting/Jewelry 10:00 Arts & Crafts 11:15 Strengthening & Stretching 1 Impact Cardio/Self Defense	¹⁰ 10 Quilting/Jewelry 10 Speed Puzzling 11 Chair Yoga 1Beg.Computer/Cell Phone	¹¹ 9am Chair Aerobics 10 Jewelry/ Quilting 10:30 Bowling fieldtrip 12:30 Movie Rosh Hashanah Begins	¹²
¹³ Grandparents Day	¹⁴ 9am Chair Aerobics 10 Quilting/Jewelry 11am Bridge	¹⁵ 10 Quilting/Jewelry 10 Chair Hola Hooping 11 Crafts/Crocheting 1 Scrabble/Cornhole	¹⁶ 10 Quilting/Jewelry 10:00 High Museum fieldtrip 11:15 Line Dancing 1 Impact Cardio/Self Defense	¹⁷ 10 Quilting/Jewelry 10 Nutrition 11 Chair Yoga 1Beg.Computer/Cell Phone	¹⁸ 9am Chair Aerobics 10 Jewelry/ Quilting 11 Art/Crafts 1 Left/Right/Left game	¹⁹ Oktoberfest Begins
²⁰ Yom Kippur Begins	²¹ 9am Chair Aerobics 10 Quilting/Jewelry 11am Bridge	²² 10 Senior EXPO - Glendalough Manor fieldtrip 11 Crafts/Crocheting 12:30 Dominos Autumn Begins	²³ 10 Quilting/Jewelry 10:00 BINGO 11:15 Strengthening & Stretching 1 Impact Cardio/Self Defense	²⁴ 10 Quilting/Jewelry 10 Crafts 11 Chair Yoga 1Beg.Computer/Cell Phone	²⁵ 9am Chair Aerobics 10 Jewelry/ Quilting 11 Chair Simon Says 6:00 Dinner & Movie (Gathering) Sukkot Begins	²⁶
²⁷	²⁸ 9am Chair Aerobics 10 Quilting/Jewelry 11am Bridge	²⁹ 10 Quilting/Jewelry 10 Darts 11 Crafts/Crocheting 12:30 Cornhole	³⁰ 10 Quilting/Jewelry 10:00 Arts/Crafts 11:15 Line Dancing 1 Impact Cardio/Self Defense	 September 2026		