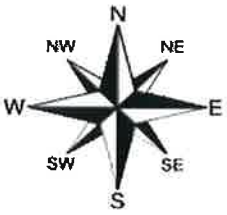
SOUTHEAST SENIOR CENTER NOVEMBER 2026 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10:15 MORNING INSPIRATION 10:30-11 CURRENT EVENTS 11 :30-12 Q & A/MED TALK 12-1 LUNCH 1-2 GAMES AND ARTS; CARD GAMES	**3** 10:15 MORNING INSPIRATION 10:15 ZUMBA 11:00 AM SEWING 11:00 YOGA 12 NOON LUNCH 1 -2:00PM CONVERSATION W/DEB	**4** 10:15 MORNING INSPIRATION **SOUTHERN BELL FARM MCDONOUGH GA**	**5** 10:15 MORNING INSPIRATION 11:00 COMPUTER CLASS 11:30 LOOMING 12:00 LUNCH 1-2 CARDS/DOMINOS/GAMES	**6** 10:15 AM MORNING INSPIRATION 10:30 AM DIAMOND ARTS 11:30 MARTIAL ARTS 12:30-12:45 LUNCH 1-2 SNACKS & A MOVIE
9 10:15 MORNING INSP 10:30-1 SITE COUNCIL MEETING 11 :30– SENIOR UNSCRAMBLE 12-1 LUNCH 1-2 GAMES AND ARTS; CARD GAMES	**10** 10:15 MORNING INSPIRATION 10:15 ZUMBA 11:00 AM SEWING 11:00 YOGA 12 NOON LUNCH 1 -2:00PM MOVIE	**11** **HOLIDAY**	**12** 10:15 AM –MORNING INSPIRATION 10:30 SENIOR TALK 11:00 LOOMING 12 NOON - LUNCH 1-2PM— ARTS AND CRAFTS W/DEB	**13** 10:15 AM MORNING INSPIRATION 10:30 AM DIAMOND ARTS 11:30 MARTIAL ARTS 12:30-12:45 LUNCH 12:45 –2 BINGO
16 10:15 MORNING INSP 10:30-11 CURRENT EVENT 11 :30-12 Q & A UPDATES 12-1 LUNCH 1-2 MOVIE AND A SNACK	**17** 10:15 MORNING INSPIRATION 10:15 ZUMBA 11:00 AM SEWING 11:00 YOGA 12 NOON LUNCH 1 -2:00PM ARTS AND CRAFTS	**18** 10:15 MORNING INSPIRATION **WALMART**	**19** 10:15 MORNING INSPIRATION 10:15-ZUMBA 10:30 OPEN HAND 11:00 LOOMING 12 NOON LUNCH 12:45-1:45 CARDS/GAMES/PUZZLES	**20** 10:15 AM MORNING INSPIRATION 10:30 AM DIAMOND ARTS 11:30 MARTIAL ARTS 12:30-1 LUNCH 1-2 SNACKS & A MOVIE
23 10:15 MORNING INSP 10:30-11 CURRENT EVENTS 11 :30-12 Q & A/COST AFFECT 12-1 LUNCH 1-2 KICKBALL SOCCER	**24** 10:15 MORNING INSPIRATION 10:15 ZUMBA 11:00 AM SEWING 11:00 YOGA 12 NOON LUNCH 1 –2:00PM-SENIOR UNSCRAMBLE	**25** 10:15 MORNING INSPIRATION **FRIED GREEN TOMATOES**	**26** **THANKSGIVING HOLIDAY CLOSED**	**27** **THANKSGIVING HOLIDAY CLOSED**
30 10:15 MORNING INSP 10:30-11 CURRENT EVENTS 11 :30-12 Q & A/MED TALK 12-1 LUNCH				



Center Manager

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DAVID BAIRD

11/6/2026

CONFERENCE CALL #

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ACCESS CODE

6180274