

HAPEVILLE SENIOR CENTER OCTOBER 2026 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Color of the Month ALL SHADES OF PINK ROCK YOUR FAVORITE CASUAL FLY FASHIONS, T-SHIRT & JEANS EVERY FRIDAY 	Sponsored by Hight Healthcare Breast Cancer Awareness Bingo PINK for Women BLUE for Men MEN GET IT, TOO!	OCTOBER 1 IS.... International Day of Older Persons	1 8:30AM FITNESS W/ REGINA 10:30AM AGAPE INTERNATIONAL OLDER PERSONS DAY SPIN & WIN WHEEL GAME 12:30PM FITNESS & YOGA WITH NAOMI G  	2 9:30AM-10:30AM COMPUTER CLASS 10AM BINGOize 10:30AM-11:30AM PHONE CLASS 12 N - LUNCH 12:30 - 1:00 PM ZUMBA GOLD/REGINA 
5 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30 - 1:30 SENIOR FITNESS & YOGA WITH NAOMI G ACTIVITY PAC  	6 8:30AM FITNESS W/ REGINA 10AM BINGOize 11AM INSPIRATION STATION 12 N - LUNCH 12:30PM CARD SHARKS   	7 Walmart TRIP MORROW WALMART 6065 Jonesboro Rd, Morrow, GA 30260 1-2:30PM CARD SHARKS ACTIVITY PAC 	8 8:30AM FITNESS W/ REGINA 10AM EXECUTIVE COUNCIL MEETING 10:30AM SIP & PAINT 12 N LUNCH 12:30PM FITNESS & YOGA WITH NAOMI G   	9 9:30AM-10:30AM COMPUTER CLASS 10AM BINGOize 10:30AM-11:30AM PHONE CLASS 12 N - LUNCH 12:30 - 1:00 PM ZUMBA GOLD/REGINA National Fire Prevention Day 
12 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30 - 1:30 SENIOR FITNESS &YOGA WITH NAOMI G ACTIVITY PAC  	13 8:30AM FITNESS W/ REGINA 10AM BINGOize 11AM INSPIRATION STATION 11:15AM MEDICARE 101 SEMI- NAR: HIGHT HEALTH 12 N - LUNCH 12:30PM CARD SHARKS   	14 TRIP APPLEBEE'S CASCADE Applebee's 1-2:30PM CARD SHARKS ACTIVITY PAC 	15 8:30AM FITNESS W/ REGINA 11AM SITE COUNCIL MEETING 12 N LUNCH 12:30PM FITNESS & YOGA WITH NAOMI G   	16 9:30AM-10:30AM COMPUTER CLASS 10AM BINGOize 10:30AM-11:30AM PHONE CLASS 12 N - LUNCH 12:30 - 1:00 PM ZUMBA GOLD/REGINA 
19 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30 - 1:30 SENIOR FITNESS &YOGA WITH NAOMI G ACTIVITY PAC  	20 8:30 AM FITNESS W/ REGINA 10AM BINGOize 10:30AM PODCAST 11AM INSPIRATION STATION 12 N - LUNCH 12:30PM OPEN HAND NUTRITION CLASS    	21 ROSES TRIP DOLLAR TREE 1-2:30PM CARD SHARKS ACTIVITY PAC 	22 8:30AM FITNESS W/ REGINA 11AM HAPEVILLE LIBRARY 12 N B'DAY LUNCH 12:30PM FITNESS & YOGA WITH NAOMI G   	23 9:30AM-10:30AM COMPUTER CLASS 10AM BINGOize 10:30AM-11:30AM PHONE CLASS 12 N - LUNCH 12:30 - 1:00 PM ZUMBA GOLD/REGINA 
26 10:30AM DIAMOND ART CLASS 12 N- LUNCH 12:30 - 1:30 SENIOR FITNESS &YOGA WITH NAOMI G ACTIVITY PAC  	27 8:30AM FITNESS W/ REGINA 10AM BINGOize 11AM INSPIRATION STATION 12 N - LUNCH 12:30PM CARD SHARKS   	28 Cheddars TRIP SCRATCH KITCHEN 1-2:30PM CARD SHARKS ACTIVITY PAC 	29 8:30AM FITNESS W/ REGINA 10:30AM Breast Cancer Awareness Bingo 12 N LUNCH 12:30PM FITNESS & YOGA WITH NAOMI G  	30 9:30AM COMPUTER CLASS 10AM BINGOize 10:30AM-11:30AM PHONE CLASS 12 N - LUNCH 12:30 - 1:00 PM ZUMBA GOLD/REGINA 



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